



CLaSS

Children
Learning
About
Social
Skills

CLaSS is a 10-week parent-child social skills training program for children ages 6 to 14 years. It is intended for children who struggle communicating effectively with others, understanding social cues, and making and keeping friends. The Parent sessions focus on ways to help your child achieve positive interaction skills, as well as a Parent Tool Box each session focusing on strategies for effectively parenting a child with social communication and processing difficulties.

2018 Dates

January 11-March 15, Thursday Evenings 5:30-7:00 PM

May 1 – May 31, every Tuesday and Thursday from 5:30-7:00 PM

October 16 – November 15, every Tuesday and Thursday from 5:30-7:00 PM

Contact (208) 523-6727 for more information \$25 Registration Fee is required



SUPERHEROES!



Superheroes is a group focused on teaching children how to be “Upstanders” instead of “Bystanders” when it comes to bullying. This program provides children with the skills needed to metaphorically put on their Superhero Suit and use the helmet, breastplate, gloves, mask, and cape to appropriately stand up to bullying behaviors for themselves and others.

2018 Dates

June 12 – 28, every Tuesday and Thursday from 10:00 AM -12:00 PM

August 7-23, every Tuesday and Thursday from 10:00 AM -12:00 PM

Contact (208) 523-6727 for more information



INNOVATIVE
HEALTH CARE CONCEPTS

115 E. 16th Street | Idaho Falls, ID 83404 | t. 208.523.6727 | f. 208.523.6729

The Counseling Center



Life Skills Training

Boot Camp is a program designed for adults with dual diagnoses of developmental and mental health disabilities. This program focuses on building self-esteem and confidence through teaching relational skills, personal boundaries, and hygiene.

2018 Dates

April 2 – 30, every Monday and Wednesday from 10:30 AM – 12:00 PM

Contact (208) 523-6727 for more information